



**The Only Full Body Electric Muscle Stimulation (EMS) Approved by the FDA**

## **E-Fit ADVANCED EMS TECHNOLOGY**

E-Fit - with its products of high quality and innovative solutions- is market leader in the field of Electro Fitness Technology in all fields of fitness, recreational activities, rehabilitation and medical applications. The unique characteristic of E-Fit lies within the combination of the EMS (electrical muscle stimulation) and of the special training method in a state-of-the-art device.

Now that science and the pro sport have used this method successfully for decades, the advantage of this technology is available to anyone. State-of-the-art and premium quality devices developed by skillful engineers at E-Fit are safe, aesthetic and easy to use.

More than 36,000 muscle contractions can be reached during a single E-Fit training session; deep muscles can be worked out in a more efficient way and this way a 20-minute E-Fit training provides more to the customers than a 90-minute traditional training. This is backed up by scientific research and customer feedback too. Since the training is easy on the joints, it can be used perfectly for rehabilitation and treatments after injuries as well.

✓ **E-Fit IN WORK ENVIRONMENT**

✓ **E-Fit IN REHABILITATION**

✓ **E-Fit IN PRO SPORTS**

✓ **E-Fit FAT LOST**



## **ANDROID INTERFACE**

- Cloud-based training management application through the Android interface
- Pre-set programs
- LCD display

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# MOBILE APPLICATION



Available app on



App Store



Google play

## MOBILE APPLICATION



- Platforms: Android / iOS / web
- Cloud based data storage
- Trainer and customer statistics
- Creating individual programs – advanced programming
- Status evaluation sheet
- Real-time training monitoring and recording
- Visual display
- Training program planner – training plan
- Customer profile, trainer – customer communication
- Online booking system
- Multi-language menu
- Different data access: user / trainer / owner / dealer
- E-Fit device analyses
- Screen mirroring, display on big screen

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